

Lancaster Youth Soccer Club

League Game Rules

ALL PLAYERS MUST HAVE AN OPPORTUNITY TO PLAY AT LEAST HALF A GAME

Substitution Rules: You may substitute players at the following times.

(a) After a goal by either team.

(b) Prior to a goal kick.

(c) After an injury, by either team, when the ref stops play.

(d) At Halftime

(e) Throw-in - On your throw-in & on your opponents' throw in **but with the following stipulations on your opponents' throw-in.**

(e1) Your opponent is sending in substitutes on their throw-in. (If the other team is not subbing players, you can not sub on their throw-in).

(e2) Your players must be at the half way line with the other team's subs, - ready to take the field when their players are called in by the ref. (You can not hold up the game because your subs were not ready). **This rule went into effect spring 2007**

Pinney & Game Ball Etiquette / Keeper Shirt Color Rule

Pinnies are worn by the home team if the visiting team's jersey is the same color. - However, it would be a good idea to bring pinnies to the away games... just incase.

Game Ball is to be provided by the home team. - Always make sure you have a properly inflated game ball.

The keeper's shirt is to be a different color as their game jersey, but not the same color as the visiting team's jersey. A keeper's shirt, or a pinney can be used.

Game Durations

BOYS

> U10 (2) - 25 min halves

> U12 (2) - 30 min halves

> U14 (2) - 35 min halves

> U16/19 (2) - 45 min halves

> Note: U15 thru U19 all play (2) - 45 min halves

GIRLS

> U10 - 12 minute quarters

> U12 - 15 minute quarters

> U14 - 18 minute quarters

> U16 - 40 minute halves

> U19 - 45 minute halves

Offside Rules:

Boys U10: There is no off sides (off side rule is not enforced). However, Cherry-picking is not allowed. (Cherry-picking is when a player positions himself in front of the goal, or is noticeably in an off side position).

Boys U12: Off sides rule is enforced.

Girls Off Side Rule: Off sides is enforced in all age groups.